

Sun Protection Policy



Approved by: Nursery Manager

Date: April 2026

Last reviewed in: April 2026 [New Policy]

**Next review due
by:** April 2027

DOCUMENT CONTROL

Changes History

Issue No	Date	Amended by	Summary of Changes
1	April 2026	Laurel Parry, Nursery Managers	New Policy

Authorisation (Responsible Owner)

Name	Role	Approval Date
Laurel Parry	Nursery Manager – Norton	April 2026

Policy Oversight

Name	Role	Approval Date
Jemma Lynch	Trust Safeguarding Lead	July 2026

Distribution List – Once authorised (Informed)

Name	
Nursery Managers and Deputy Managers	For uploading to Famly and distributing to parents and carers
Dave Gooderam	For uploading to the Nursery websites

Review Period

Date Document Reviewed	By Whom
April 2027	Nursery Managers

1. Policy Statement

Unity Stars Nurseries are committed to ensuring that all children and staff are protected from the harmful effects of **ultraviolet (UV) radiation** from the sun. Excessive sun exposure in childhood increases the risk of developing skin cancer later in life. During periods of hot weather or high UV, staff will consider the daily UV index and any relevant weather warnings when planning outdoor play. Outdoor activities may be adapted, shortened, moved into shaded areas, or moved indoors where necessary.

2. Aims of the Policy

- To **educate children, staff, and parents** about sun safety.
- To reduce the risk of **sunburn, skin damage, and long-term skin cancer**.
- To ensure **children are safe and comfortable** while enjoying the outdoors.
- To promote **good hydration and sun-safe practices**.

3. Education and Awareness

- Age-appropriate discussions and activities on sun safety will be delivered to children at the start of the summer season.
- All staff receive training and reminders on the importance of sun protection for themselves and for the children in their care.
- Parents and carers are informed of the nursery's sun safety expectations through this policy, seasonal newsfeed posts and/or reminders.

Staff act as **positive role models**, e.g.:

- Wearing hats and appropriate clothing.
- Seeking shade when possible.
- Regularly applying sunscreen.
- Encouraging children to drink plenty of water.

4. Environmental Protection

- The outdoor play area includes access to natural and/or artificial shade, including trees, canopies and shelters where available.
- During high UV periods, children are encouraged to **play in shaded areas** and staff rotate activities to avoid prolonged direct sun exposure.

5. Clothing and Hydration

- Children should wear **lightweight, loose-fitting clothing** that covers the shoulders (no strappy tops).
- **Sun hats with wide brims or neck flaps** are encouraged. Parents/carers are responsible for providing these.
- Staff are encouraged to wear sun-protective clothing and hats to model good practice.

- Children are encouraged to **drink more fluids** in hot weather.
- Fresh drinking water is always accessible indoors and outdoors via **children's water bottles**.

6. Sunscreen

- Parents must supply an **unopened, in-date** bottle of sunscreen:
 - Must be **minimum SPF 30** and have a **5-star UVA rating**.
 - Must be **clearly labelled** with the child's name.
 - Should be suitable for sensitive skin (hypoallergenic, fragrance-free if possible).
- Sunscreen may be **stored at the nursery** throughout summer if clearly labelled.

7. Application Procedures:

- **Children attending for a half-day:**
 - Sunscreen should be **applied at home** before arrival.
- **Children attending full-day sessions:**
 - Sunscreen should be applied **at home** in the morning.
 - Staff will **support children to reapply** sunscreen as needed in the afternoon, particularly before extended outdoor play.
- **Parental consent** for staff to apply sunscreen is required via the Family permissions.
- Staff will wear **disposable gloves** or use pump applicators where appropriate to maintain hygiene.
- Sunscreen will not be shared between children due to allergy and hygiene risk.

8. Monitoring and Review

- This policy is reviewed **annually** or in response to updated guidance.
- Staff are reminded seasonally to adhere strictly to sun protection procedures.
- Parents will be reminded in **spring** of the need to provide hats and sunscreen.